The 19th Annual Brookfield Family Chiropractic <u>5K Halloween Run</u>

Date: Sunday, October 31, 2010

Time: 5 K Race begins at 10:00 a.m. Race Day Registration 8:30 to 9:30 a.m.

Place: Brookfield Municipal Center, 100 Pocono Road

Pre-registration fee: \$20.00 (received by 10/29) Race Day Registration: \$25.00

Race features long-sleeve T's to first 350 registered, prizes to top runners in eight age groups, cash prizes to top three overall male & female, water station, splits at mile marks, prizes for best costumes, post race raffle, and excellent post race refreshments. USATF certified #CT06013JHP. Walkers welcome! For course route information visit our website at www.brookfield.org/pnr/index.htm.

15th Annual Kids K Fun Run



(Parent/Guardian if under 18)

Date: Sunday, October 31, 2010

Time: Kids K begins at 9:30 a.m. SHARP!

<u>Place</u>: Brookfield Municipal Center, 100 Pocono Road Pre-registration Fee: \$10.00 (Includes prize and t-shirt)

No Race Day Registrations for KIDS K!

Kids K Age Groups: 5 and Under, 6 – 8, 9 - 12

Make checks payable and return form to: Brookfield Parks & Recreation P.O. Box 5106 Brookfield, CT 06804

Entry Form: (Detach and Return)	
EVENT: (circle one) 5K Run 5K Walk	Kids K Fun Run -(Children's Shirt M L XL)
NAME:	PHONE:
ADDRESS:	CITY:
STATE: ZIP:	_ADULT SHIRT SIZE: M L XL (5K Run or Walk only) GENDER: M F
EMAIL:	DATE OF BIRTH:/ AGE RACE DAY:
Have you competed in the other 3 races as part of the Four Seasons Challenge Series*? YES NO *New Year's Day 1/1/10, Mother's Day 5/9/10, Strides to Cure Diabetes 6/13/10)	
WAIVER: I hereby certify that I have sufficiently trained for this event. In signing this form I understand that I agree to absolve and hold narmless the Town of Brookfield, Parks and Recreation Department, and all sponsors, be they individuals or organizations, singly or collectively, of all blame for any injury, misadventure, harm, loss or inconvenience suffered in any of the activities associated with said event.	
Signature of Participant	 Date